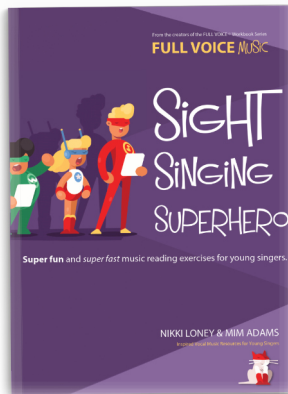


Sample Pages

A kid-friendly warm up is more than just singing by rote.

There are ENDLESS teaching opportunities for young singing students in the warm-up part of a voice lesson. These resources make vocal study visual and fun for the young singer. They are designed with flexibility in mind; you can choose the exercise that is perfect for your student right now.



Sight Singing Superhero

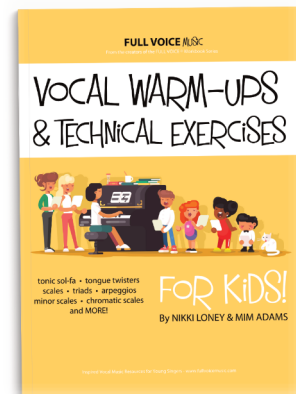
44 pages, 8.5x11, full colour. This book includes:

- ✓ Tonic Sol-Fa (Solfège)
- ✓ Rhythm Reading
- ✓ Intervals
- ✓ Notes on the Treble Staff
- ✓ Sight Singing in C Major
- ✓ Flashcards

Vocal Warm-Ups & Technical Exercises For Kids!

44 pages, 8.5x11, full colour. This book includes:

- ✓ Tonic Sol-Fa (Solfège)
- ✓ Tongue Twisters
- ✓ Dynamics, Articulations
- ✓ Seasonal Activities
- ✓ Scales, Triads, Arpeggios
- ✓ Major Scales, Minor Scales
- ✓ Chromatic Scales
- ✓ Skill Level Reviews



Where can I find these activity books?

You can find these books at **fullvoicemusic.com**, on Amazon worldwide, or ask your local music retailer to stock them.

Available separately as:

- Print Book, shipped to your address (shipping fees determined at checkout). **Print books are not reproducible.** Please do not make photocopies.
- PDF Download with full-colour and printer ink-friendly versions of the activities. Includes permission (license) to make copies for classrooms, choral organizations or private lesson studios.

Try these samples today and see how they keep students engaged, singing, and smiling!

SIGHT SINGING SUPERHERO

Sight Singing is Super Fun!

Okay, learning to read music takes time and effort - but when you break it down into small, simple activities, include visual play-based music games, and cheer your students to victory - it can be a fun time! And your young singers will become sight singing superheroes in no time!

START WITH BASIC SKILLS TRAINING:

Confident Singing

Tonic Sol-fa is a method that allows singers to sing unaccompanied and quickly build confidence. Start with simple warm-ups using the tonic sol-fa scale and let them sing without piano accompaniment. Encourage your singers to sing scales, triads, and arpeggios without singing the notes with them.

Rhythm Reading

Superhero singers can learn the note values and practice simple rhythms by clapping and counting aloud. Encourage your singers to keep a slow and steady tempo.

Notes on the Staff

Just like piano students, our singers need to be able to read notes on the music staff. This resource includes mini note flash cards to make learning music fun. Writing activities help too!

Interval Study

Young singers can use scales, triads, and arpeggios to hear and sing simple intervals. They don't know it yet, but they have supersonic listening skills already!

Putting it All Together

Once future superheroes have developed strong music skills, simple two-bar sight singing drills can help to put it all together. Encourage singers to keep a super slow tempo and try exercises more than once.



Printer Ink-Friendly Download

Pages 37-68 are ink-friendly pages for printing.

Visit our website for more great resources for your young singers.

www.fullvoicemusic.com



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Tonic Sol-fa: DO - SO ... 4

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Printer Ink-Friendly Pages 37-68

1.  Sing and sign the entire scale **ascending** and **descending**.

2.  Sing and sign the following.



3.  Sing the following:

a) **DO RE DO RE MI FA**

b) **DO RE MI FA SO SO**

c) **DO RE MI FA SO DO**

d) **SO FA MI FA SO DO**

e) **DO RE MI FA SO FA**

f) **SO FA MI RE SO DO**

g) **DO RE MI MI SO MI**

TONIC

SOL-FA:

DO - SO

DO'



TI



LA



SO



FA



MI



RE



DO



SINGING & COUNTING RHYTHMS

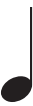
1.  Sing the sol-fa using the correct rhythm.

a)    
DO RE DO RE

b)     
DO RE MI RE MI

c)    
DO RE DO RE

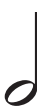
d)     
DO RE DO RE MI

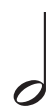
e)     
DO RE MI FA SO

f)   
DO MI SO

g)    
DO MI DO SO

h)     
DO MI SO MI SO

i)     
DO RE MI FA SO

    
DO' DO' SO MI DO

INTERVALS



An interval is the distance between two notes. Singing and identifying intervals is an important exercise for all vocalists.

Superhero tip: If you can sing the simple exercises below, without assistance, then you can use these familiar melodies to sing and identify intervals.

1. Sing the following exercise slowly using tonic sol-fa.



The distance between **DO** and **RE** is called a **Major 2nd**.

A **Major 2nd** sounds like:

THE BEGINNING OF A SCALE.



The distance between **DO** and **FA** is called a **Perfect 4th**.

A **Perfect 4th** sounds like:

2. Sing the following exercise slowly using tonic sol-fa.



The distance between **DO** and **MI** is called a **Major 3rd**.

A **Major 3rd** sounds like:

AN ASCENDING TRIAD/ARPEGGIO



The distance between **DO** and **SO** is called a **Perfect 5th**.

A **Perfect 5th** sounds like:



The distance between **DO** and **High DO'** is called a **Perfect octave**.

A **Perfect octave** sounds like:

C MAJOR SIGHT SINGING DRILLS: DO - MI

1.  Look at each example carefully and answer the questions aloud.
2.  Clap and count the rhythms.
3.  Sight sing the melodies slowly.

i) how many beats is this note held for?



ii) What kind of rest is this?

i) What is the starting note? _____



ii) What is the ending note?

iii) How many beats is this note held for?

4.  Sight sing the following melodies slowly.



VOCAL WARM-UPS & TECHNICAL EXERCISES FOR KIDS!

1. Teachers can use pages in any order. However, there is a progression to the theoretical concepts introduced on each page.
2. This resource uses the “movable DO” system. We encourage teachers to always choose comfortable keys for students.
3. Tonic Sol-fa (solfège) hand signs are helpful for pitch accuracy when singing exercises.
4. Discuss the concepts addressed on each page and engage your students by asking questions.
5. Effective lesson pacing. Each page has MANY different exercises. It is NOT necessary to complete each page in a single lesson. Slow pacing and repetition are essential for beginner singers.
6. Once a musical concept has been explored, see if you can help students connect these skills to their repertoire. (i.e., finding dynamic markings, articulations, etc.)
7. Vowel sounds. There are more vowel sounds than the ones listed on page five. Teachers are encouraged to explore all vowel sounds on all exercises.
8. Not for homework. Young singers need guided support when learning new musical concepts. We recommend that teachers and students complete the exercises together in the lesson or classroom rather than assigning homework.
9. Minor scales/pentascals/triads can be sung starting on LA as well as starting on DO and using the chromatic sol-fa syllables. We recommend exploring both methods with your singers to help them understand the music theory as well as being able to sing the scales successfully.



** Printer Ink Friendly pages included.
Pages 33 to 52 are printer ink friendly.
They can be printed in colour or greyscale.*

Visit our website for more great resources for your young singers.
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**(33-52) Printer Ink-Friendly Pages*

Sample Pages Tonic Sol-fa ... 3 (33*)

Vowel Sounds ... 5 (35)

Steps & Skips ... 6 (36)

Tones & Semitones ... 7 (37)

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TONIC SOL-FA

1.  Warm up your voice by singing the tonic sol-fa scale ascending and descending. (Hand signs are optional)

2.  Check when completed.

- ☐ I can sing and sign the scale **ascending**.
- ☐ I can sing and sign the scale **descending**.
- ☐ I can sing the scale **ascending and descending in one breath**.

3.  Sing the following tonic sol-fa patterns *without* signing.

a) **DO DO DO RE MI**

b) **DO RE MI FA SO**

c) **DO RE DO RE MI**

4.  Write your own tonic sol-fa melody.

5.  Sing your melody.

6.  Sing the sol-fa using the correct rhythm.

a) 
DO RE DO RE MI

DO'



TI



LA



SO



FA



MI



RE



DO



VOWEL SOUNDS

When singing vocal exercises and warm-ups, singers use different vowel sounds. **Vowel shaping is important!** Pay close attention to the shape of your mouth and the sound of each vowel.

It is helpful to use common words to make sure your vowel sounds are correct. Your teacher may use different words to help you get the best sound!

EE - meet

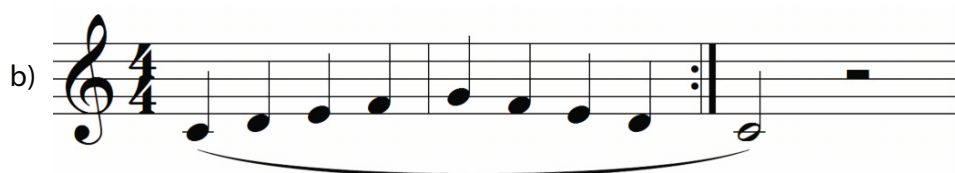
EH - chaotic

AH - father

OH - obey

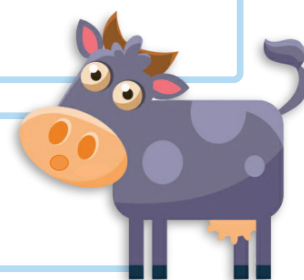
OO - too

1.  Sing the following exercises and explore the different vowel sounds above.



2.  How does a singer form different vowels and consonants?
3.  Which vowel is
- a) the easiest sound for singing high notes?
 - b) the most difficult sound for singing high notes?
 - c) your favourite sound to sing?

MEE MEH MAH MOH MOO



Major scale: **DO RE MI FA SO LA TI DO'**

Major triad: **DO MI SO**

Arpeggio: **DO MI SO DO'**

SCALES, TRIADS & ARPEGGIOS

1.  Sing the following exercises without assistance from the piano.
You may use tonic sol-fa or vowel sounds. Check when completed.

Major Scales

- a) ☐ an ascending major scale. b) ☐ a descending major scale.
c) ☐ an ascending and descending major scale.

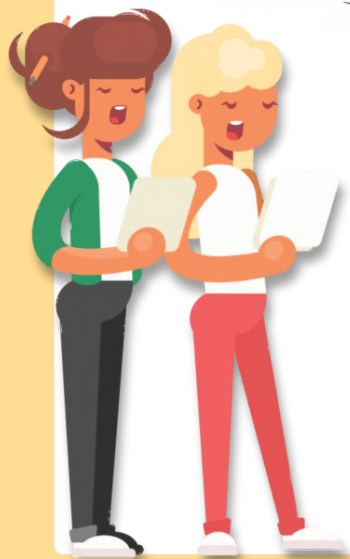
Triads

- d) ☐ a major triad.

Arpeggios

- e) ☐ an ascending and descending arpeggio.

2.  Sing the following exercises.



A **harmonic minor scale** is a natural minor scale with the seventh note raised a semitone ascending and descending. Listen to your teacher play or sing harmonic minor scales. **How would you describe the sound of this scale?**

HARMONIC MINOR SCALE

1.  Write the tonic sol-fa syllables under the notes of each scale. For the minor scales, use the method that you prefer (starting on **LA** or **DO**).
2.  Circle where the semitones are in each scale.
3.  Sing the following scales very slowly using tonic sol-fa.
4.  Describe the sound of each scale.

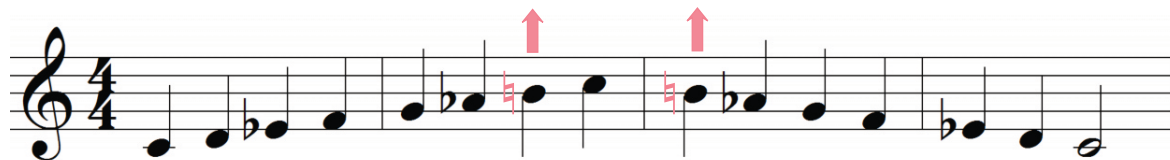
a) major scale



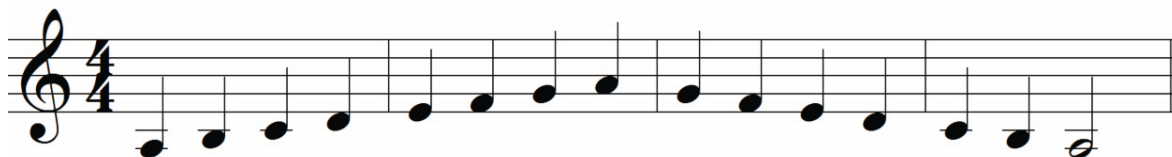
b) natural minor scale (lowered 3rd, 6th and 7th)



c) harmonic minor scale (lowered 3rd and 6th)



5.  Add a sharp to the A natural minor scale below to make it a harmonic minor scale.
6.  Sing the following scale very slowly using: a) tonic sol-fa b) vowels



Did you enjoy these sample pages? Here are more fun resources to explore!



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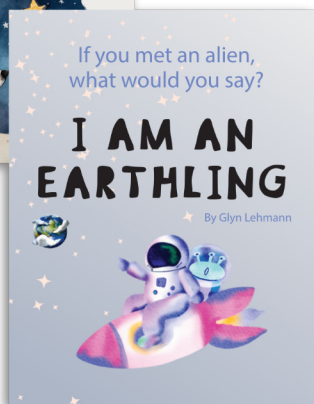
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